



### **InVoice Members' Checklist (Pre-attendance)**

During the Coronavirus Pandemic it is important for all InVoice members planning to participate in face-to-face rehearsals to consider their own personal health before taking part. The form below is to provide guidance to you in this consideration.

**Please review this check list and consider if it is the right decision for you to take part without adverse risk to yourself or household at this time.**

| Hazard  | Who might be harmed? | Controls required   | Action by whom? |
|---|----------------------|---|-----------------|
| Transmission of virus through close personal contact  | Everyone             | Consider any potential areas of risk<br>Including entering and exiting the church   | Everyone        |
| Transmission of virus in enclosed space   | Everyone             | The building has been aired before use. Where possible, doors and windows should be opened temporarily to improve ventilation.  | Everyone        |
| COVID-19 limiting personal exposure   | Everyone             | Maintain social distancing; wear visors; maintain a softer singing volume; minimise joint handling of sheet music;<br>Explore using phones/tablets  | Everyone        |
| Inadequate cleanliness  | Everyone             | Don't share equipment, wipe down surfaces; ensure an adequate supply of soap and disposable hand towels in the toilet facility  | Everyone        |
| Checking if I show symptoms or if I am at higher risk from getting seriously ill from coronavirus | Everyone             | Follow the Government and NHS advice for England; do not attend practices if you or someone else in your household have covid-19 symptoms – these include a high temperature, a new continuous cough and the loss, or a change to your sense of smell or taste. | Everyone        |

If you develop symptoms within 48 hours of the activity it is recommended that you apply for a COVID-19 test, and support NHS contact tracing if requested.